

HIV & Aging

Novel Approaches for Maintaining and Expanding Care for People with HIV over 50

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Project Support

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Disclosure

**Presenter has no
conflicts to disclose.**

Overview

- **Context**
- **The Unique Needs of PLWH Aging**
- **Challenges and Concerns**
- **Current Projects on Aging**
- **Future Projects and Initiatives**
- **Discussion**
- **Q&A**

Learning Objectives

After this presentation, participants will be able to:

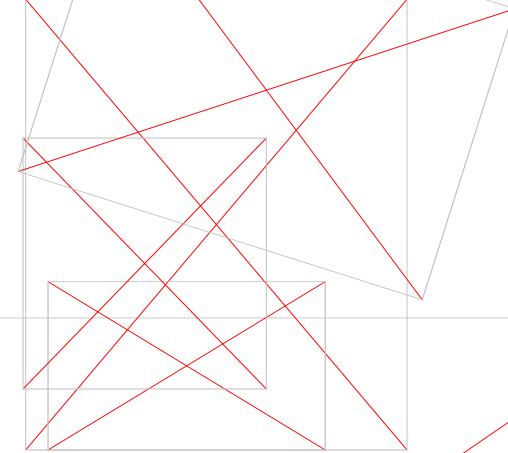
- 1. Learn about the findings from the Aging and HIV focus groups including community concerns and identified needs as they age, with differences across demographics.**
- 2. Learn practices to that make systemic improvements to expand access to services for individuals who are 50+.**
- 3. Learn different designs to execute an aging with HIV project, assessment, or program.**

Context: The History of HIV & Aging

- **Survivor's Bias and Luck**
- **From Terminal Prognosis to Chronic Illness**
- **The Many Iterations of Health Policy and Public Health Support**
 - Neglect and Quarantine
 - Funding for Prevention, Research, Testing, Medical Case Management
 - Stigma and Death
- **Biomedical Breakthroughs (ART)**

Aging & HIV: Unique Needs

- **Early onset of frailty and cancers**
- **Prescription cascade & polypharmacy**
- **Loneliness & sexual health**
- **Fixed incomes, housing, & low SES**
- **Nutrition, hydration, food/water safety**
- **Cognition & comprehension**
- **Safety (surroundings, care providers)**
- **Shifting demographics**



Challenges & Concerns

- **Assessing for developing issues or challenges related to aging**
- **Monitoring of frailty**
- **Best practices for differing populations**
- **Interventions to limit or disrupt erosion of independence**
- **Prevention of HANA**

Current Projects: Clinician's Guide

Sections

- Frailty
- Comprehension
- Health Disparities
- Medication
- Nutrition
- Social

- HIV & Aging Frailty Index
- Housing Safety Survey
- Comprehension and Polypharmacy Test
- Low Literacy Test
- Key Populations Visualizer
- Polypharmacy Assessment
- Nutrition and Hydration Survey
- Food & Water Contaminant Risk Assessment
- Domestic Violence & Elder Abuse Screener
- Sexual Health & Activity Survey
- Loneliness and Substance Use Screener

Tools

Current Projects: Aging & Thriving Summit

- Annual one day event of sessions led by experts with lived experience

- Physical
- Cognitive
- Spiritual
- Financial

Developed and executed by older adults with HIV

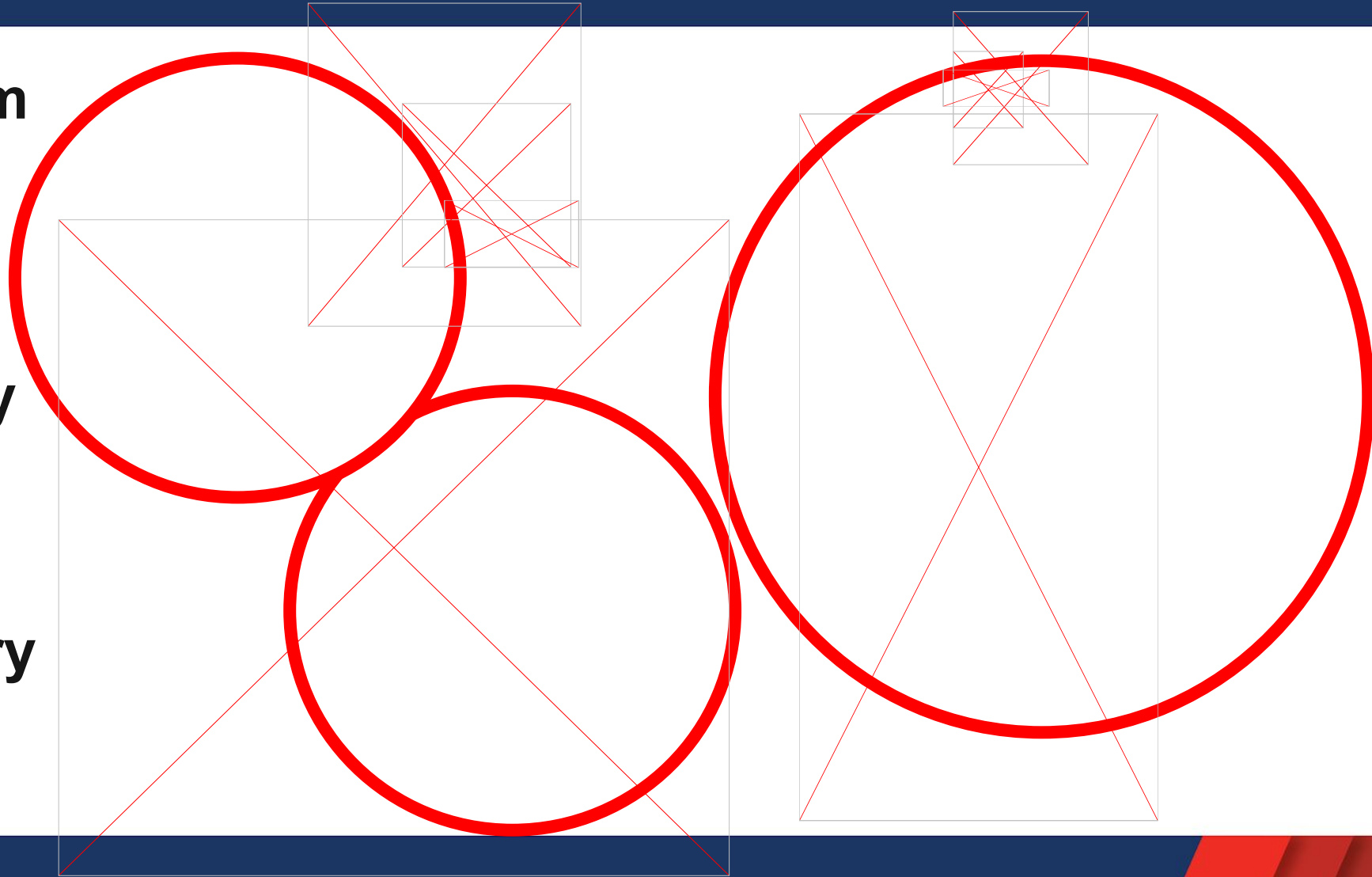
- Shared leadership model
- Planning collective and DHH

- Evaluations

- Physical health concerns and comorbidities
- Lack of socialization
- Loss and grief
- Life expectancy
- Long term ART usage
- Mobility and bone health
- Isolation

Current Projects: Will Clinics

- **Worked in tandem with provider agencies**
- **File of Life**
- **Power of attorney**
- **Living wills**
- **DNR/DNI**
- **Decedent funerary requirements**

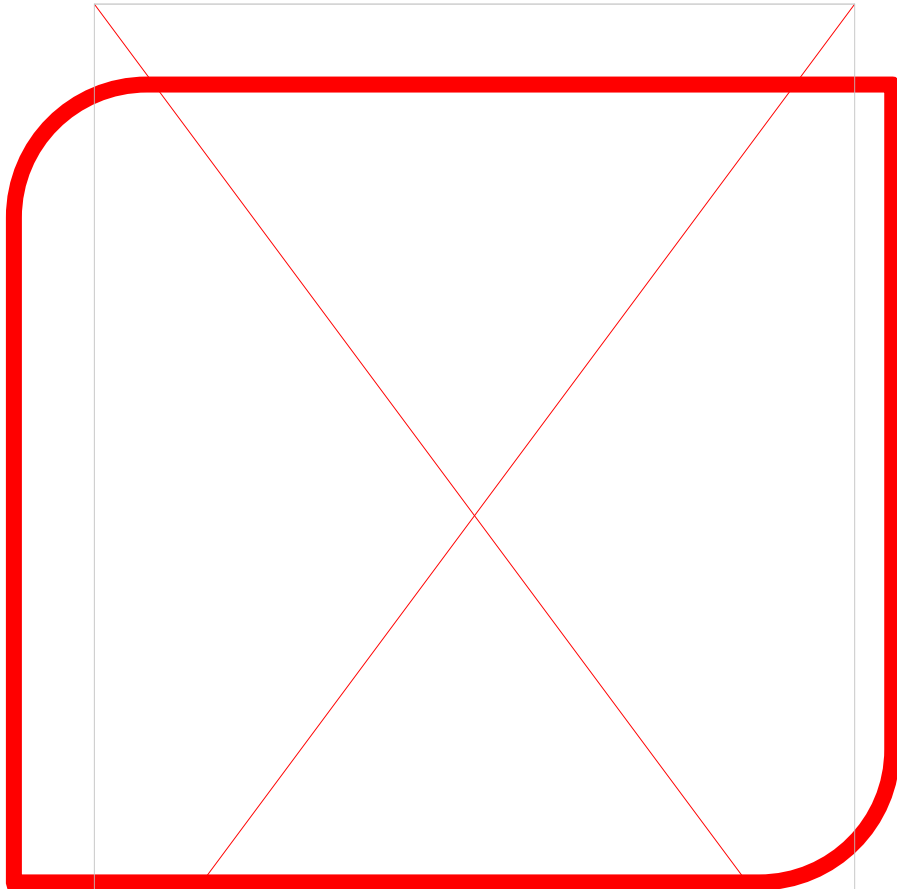


Current Projects: Focus Groups

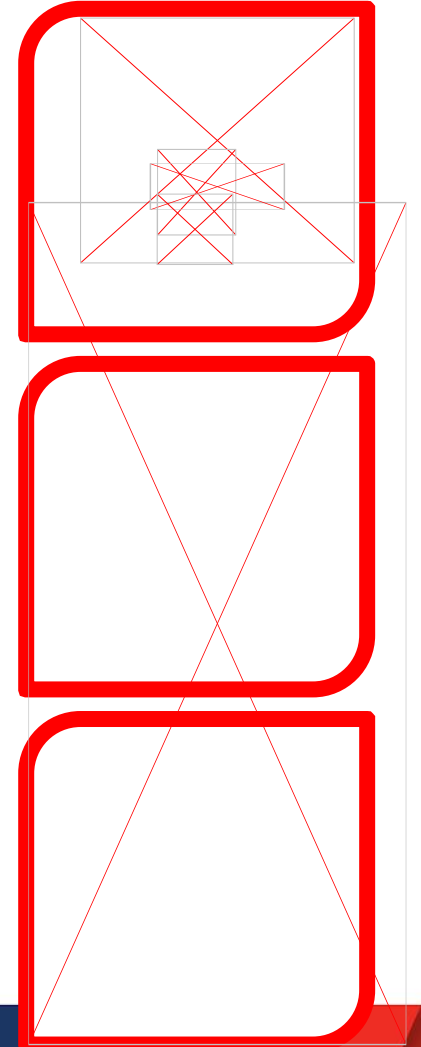
- Living with HIV
- 50+
- 6 Groups
- 2 General, 4 Population-specific

- 40+ participants
- Insights on HIV services, care, case management, housing programs
- Identified reoccurring needs such as:
 - Neuropathy
 - Auditory and vision needs
 - Accessible housing vs social support
 - Provider retirement
 - Medical case management turnover
 - Transportation
 - Satellite clinic locations
 - Grief support
 - Stigma in aging support programs
 - Challenges to accessing care
 - Pain management
- Populations of note: Veterans

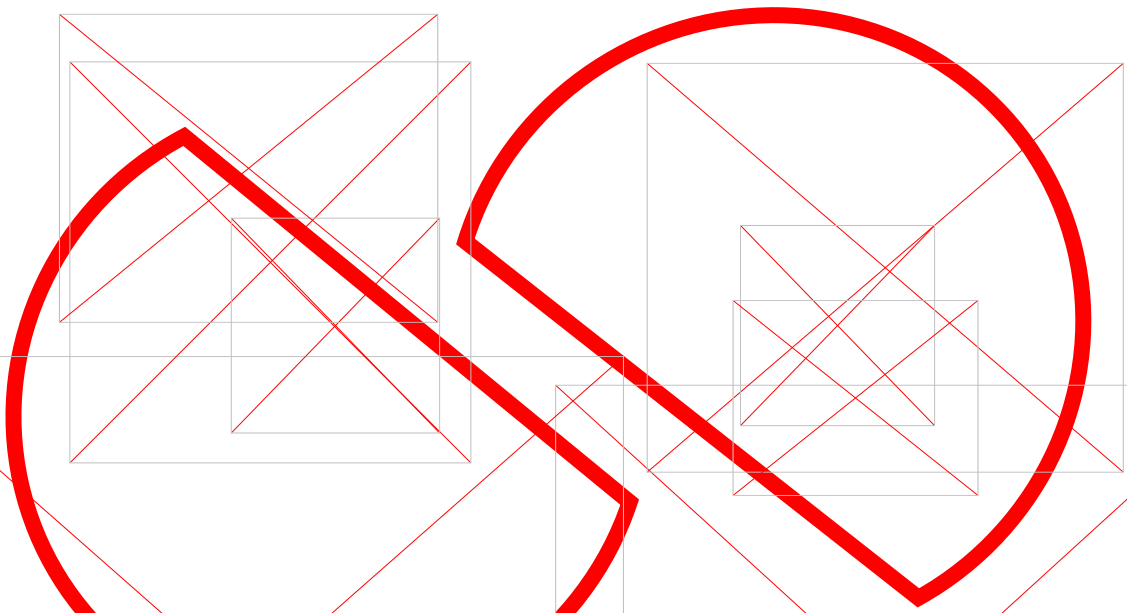
Current Projects: CFAR Scientific Working Group & DHH



- **University of Pennsylvania Center for AIDS Research developed a scientific working group for HIV and aging**
- **Assigned 3 co-leads**
 - 2 clinicians (1 geriatrician)
 - 1 public health administrator (bioethicist)
 - Backgrounds in aging, HIV, liver disease in HIV, sociological barriers in aging, frailty, and various smaller populations within aging and HIV
- **Focus Groups**
- **Inaugural Meeting**
- **Exploratory Groups**
- **Microgrants**
- **RFAs**
- **Implementation Science**
- **Bench and Social Scientists**



Future Projects



- **Hearing Loss Support**
 - Hearing aids, rebate?
- **CFAR SWG Guided Research Projects**
- **Grief, Loss, Death Ethos Programs/Events**
- **Dandelion Initiatives**
- **Frailty Index**
- **Education and Training on Aging for HIV Providers**
- **Education and Training on HIV for Aging Providers**
- **Addressing Outstanding Viatical Settlement Contracts**

Discussion

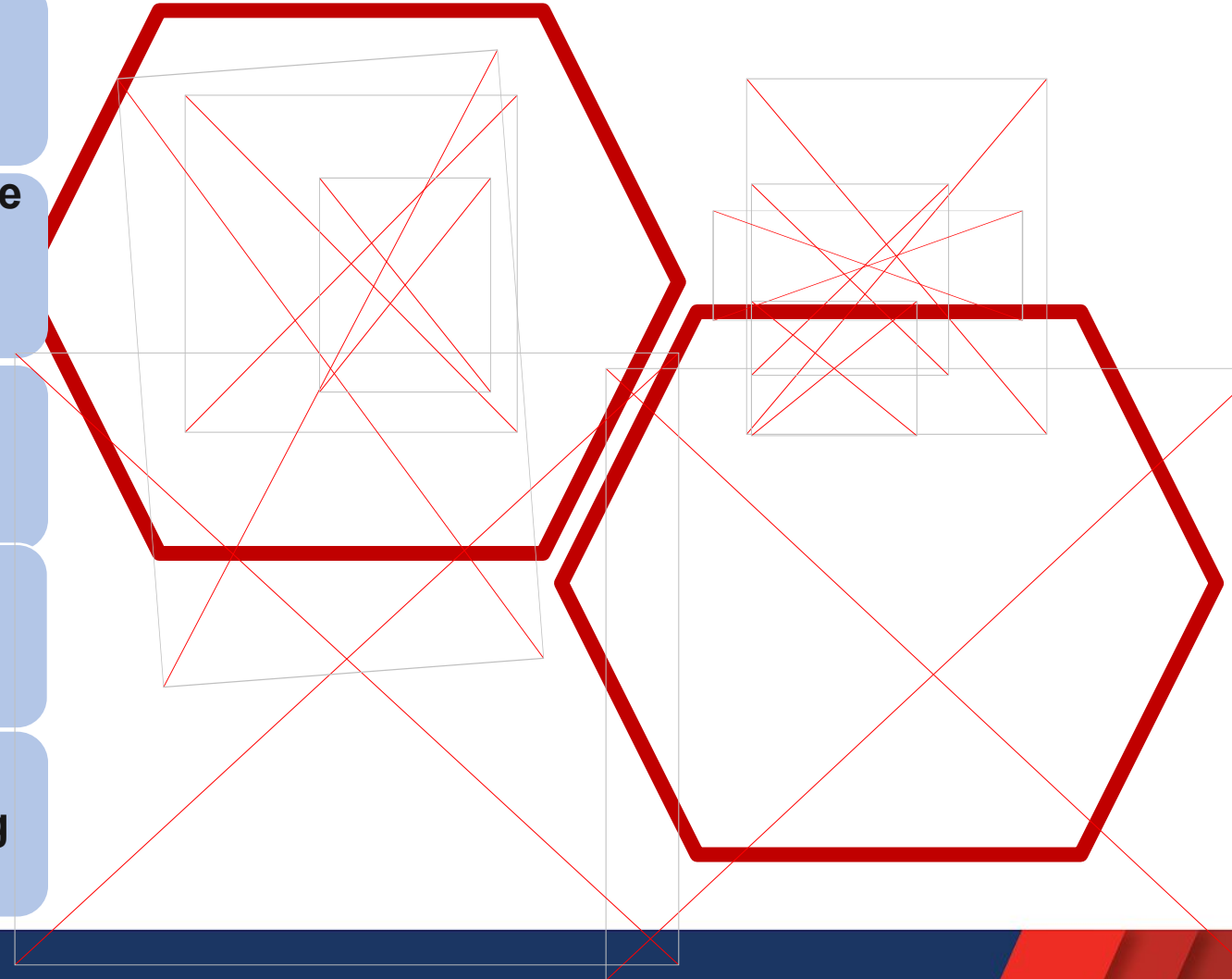
What are some changes in patient/client needs that you are currently seeing for people 50+?

What are some unique needs/concerns for people living with HIV that you had not considered, and how does this effect care for or advocating for people 50+?

What are other unique needs/concerns you are aware of or seen amidst people living with HIV who are 50+?

Do you think all spaces that provide services to people 50+ should be trained on aging with HIV?

Do you think all spaces that provide services to people living with HIV should be trained on aging and people 50+?



Questions & Contact

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